

THE NEWSLETTER OF
THE WILDWOOD
PARK COMMUNITY
CENTRE

BOARD

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Miller

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Jost

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Wild & Woodsy

www.wildwoodcc.ca

SEPTEMBER, 2017



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Annual General Meeting is Tuesday, October 3, 2017 at 7:30, Page 5

*The **Fall Canvass** is coming—it will run October 1, 2017 to November 15, 2017. Please donate generously—all proceeds go to support the activities of the Wildwood Community Centre.*

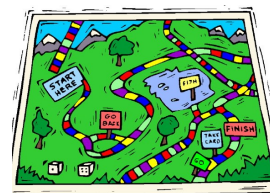
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Please support our community advertisers!

SATURDAY, SEPTEMBER 9



Dike Planting at 1:00pm

BRING: Shovels, Pails, Wheelbarrows, Work Gloves, a Hat, and Drinking Water



Fall BBQ at 4:00pm

BRING: Chairs, Beverages, and a Dish to Share



Proud to be working for our community

JENNY GERBASI

City Councillor
Fort Rouge-East Fort Garry
204-986-5878
jgerbasi@winnipeg.ca



www.jennygerbasi.ca

Please slow down!

As all residents should be aware, the posted speed limit in the section bays and other back lanes is **30 km/hr**.

The limit on the perimeter streets (South, Oakenwald and North) is **50 km/hr**, except for the portion of South Drive which separates SJR and Wildwood Park (the dike portion in front of sections A & J) which is a School Zone, designated by the City of Winnipeg, with a speed limit of **30 km/hr** between 7:00 and 5:30 Monday through Friday.

For the safety of all, please slow down and ensure that you request your visitors do the same.



STOP for
the School
Bus and
SLOW
DOWN in
School
Zones

FORT GARRY UNITED CHURCH NOTICES

MOMS & TOTS GROUP

MONDAYS 9:30 - 11:30 am.

at Fort Garry United Church

Come join Moms & Kids every Monday morning 9:30 - 11:30 am for playgroup. Childcare is provided in the nursery/playroom, while Moms take a break for discussion (adult talk) & have coffee and a snack in a nearby room. Recruiting new Moms & Tots!

Interested? Contact the church office 204-475-1586 or email fguc@shaw.ca to sign up.

Start date Sept 11

LIFE & ART SHARING CIRCLE

MONDAYS, SEPT 25 – NOV 27 6 – 8:15 PM

at Fort Garry United Church

Expanding inner & outer horizons, through telling stories & making art. Closed group with registration Deadline Sept 19 Hosted by Claire Stephensen & Min-Goo Kang

Contact: k.mingoo@yahoo or 204-218-3511

3rd ANNUAL COMMUNITY BBQ

WED. SEPT 13, 4:30 – 7 PM

at Fort Garry United Church

Join us for a fun community gathering on the lawn! Bring your family, friends, meet your neighbours, everyone welcome! It's a Neighbourhood BBQ! (Pork on a Bun, MB Pork Producers) \$5/person includes BBQ, coleslaw, cookie, beverage, Kids Games including a Sport Manitoba "Motion Zone"! Table displays of other community agencies And the BDI Ice Cream Truck! (not included in your \$5)

FITNESS CLASSES

TUESDAYS & THURSDAYS 10:30 - 11:30 AM

at Fort Garry United Church

STARTING TUES SEPT 5!

A Fitness class for 50+ will be offered by an IAM Fitness Instructor.

Includes a warm up, cardio, strength, & stretch to help improve physical fitness, balance, mental health,

control weight & sleep better.

All welcome regardless of physical ability.

\$80 for 10 classes or \$150 for 20 classes, or \$12 drop in fee

More info about the class, contact the instructor, raulparagas@shaw.ca or 204-997-9105.

Please call the FGUC office to register:

204-475-1586 or email fguc@shaw.ca

YOGA CLASSES for the FALL!

Mondays, 7:30-8:30 pm, starting Sept 5th!

Fort Garry United Church

Yoga is taught as a tool for self-empowerment, healing

and to strengthen and stretch our bodies.

Everyone is welcome regardless of experience or ability.

\$40 for 5 class pass, or \$10 drop in

To register contact Mercedes Douglas

mwdouglas24@gmail.com

or call 204-979-9630



NEWS FROM THE BOARD



Thank you to the following outgoing board members and volunteers who have shared their time and talents:

- Alan Kent, Treasurer
- Erin McDowell, Secretary
- Leslie Later, Club Coordinator
- Judy McInnis, Section C Representative
- Lara Schroeder, Section A Representative
- Kirk and Sarah Penton, Oakenwald Representatives

And a Wildwood welcome and thank you to those stepping into new roles:

- Eric Sizeland, Treasurer
- Karen Kampen, Secretary
- Aria Slippert, Section C Representative
- Tessa Brenan, Section A Representative
- Kevin Mills and Rae Saville, Oakenwald Representative

Upcoming Annual General Meeting. The upcoming Annual General Meeting of the Wildwood Community Centre will take place on Tuesday, October 3rd at 7:30pm, second floor of the community centre. All neighbours are welcome.

Winter Carnival Volunteers. The Winter Carnival is the community centre's biggest event and we need some volunteers to help organize it. All information will be provided to you regarding permits, contacts and past years successes and challenges. If you can help lead and organize a team of volunteers for this event, please contact Cindy at info@wildwoodcc.ca

CLAYMATION WORKSHOP

Hosted By:

**FREEZE
FRAME** 

CENTRE D'ARTS MÉDIATIQUES
POUR JEUNES
MEDIA ARTS CENTRE FOR
YOUNG PEOPLE

Full Day Animation Workshop

Saturday, Nov. 4 9 - 4pm

\$60

This animation workshop is like the half-day workshop but also includes scriptwriting, storyboarding, character and backdrop creation, animation and some editing. The goal of this workshop is to build storytelling, writing and technical skills, and to be able to create other animations.

For ages 6 - 17.

**All workshops at the
Wildwood Community Centre,
271 North Drive.**

**To register, email Cindy at
info@wildwoodcc.ca.**

Space is limited.

**Participants should bring a
nut-free lunch
to full day workshops.**



Half-Day Animation Workshop

Saturday, Oct. 28 9 - 12pm

\$30

This animation workshop focuses on the creation of a character and animating it using plasticine, paper, miscellaneous objects, or a pixilation technique.

The goal of this workshop is to learn the basics of animation and be inspired to be creative.

For ages 6 - 17.

Video Production Workshop

Saturday, Nov. 18 9:30 - 4:30pm

\$60

Students will work with original story development, storyboard creation and character development. This dynamic workshop will provide special instruction on how to use technical equipment (cameras, tripods, etc.) for shooting and editing.

For ages 10 - 17.



Coming to Market— 621 South Drive

www.castelane.mb.ca

HANDYMAN-FOR-HIRE

Call to discuss any small repair jobs around your home, including brick work, drywall, counter tops, tiling, plumbing, painting, electrical and more.



Ron Hagglund

204 889-9491 cell: 204 298-1929



**SUBMIT YOUR PHOTO OF
WILDWOOD PARK or other
content suggestions to
wildwoods@gmail.com**

The Baking Circle

Do you like to bake? Would you like to help make a difference?



My name is Khalie and I live on Manchester Blvd S. For the past five or six years, I have organized a group of bakers (called The Baking Circle) to provide healthy snacks for an inner city school here is Winnipeg. The commitment is quite simple (and based on what you want). Basically, you bake and drop off at my house and the school picks up all the healthy snacks on a weekly basis. I have an extra fridge and freezer so baking can be dropped off at any time that works for you.

There are currently approximately 25 bakers who provide baking throughout the school year; however, the more people we have, the more students that can get fed. There are young bakers (I think our youngest is 9 years old), older bakers (I had a woman who was 94 and baked once a month!), retirees, families, men and women. There are also people who don't like to bake but instead drop off snacks of fruit, cheese, yogurt, crackers or other healthy snacks.

If you are interested, please let me know and I will set-up a schedule for you based on the frequency with which you wish to bake and can provide more details at that time.

If you wish to read an article that was published about The Baking Circle, please check out the following link:

<https://www.winnipegssd.ca/about%20wssd/news/pages/homemade-happiness.aspx>

Thanks in advance!

Khalie



WILDWOOD COMMUNITY **CLUB SURVEY**

The Board would like to thank everyone that took part in our community survey this past Spring. Congratulations to Michelle P., the winner of the Tony Roma's gift card.

East Fort Garry Walk Bike Study Public Workshop Notice

The East Fort Garry Walk Bike Project is looking at recommendations to improve the livability, safety and walkability of the neighbourhood.

Project Background

The goal of the East Fort Garry Walk Bike Study is to develop a complete plan for future improvements to the pedestrian and cycling network in the area so that people of all ages and abilities are comfortable walking and biking in East Fort Garry.

The East Fort Garry Walk Bike Study is a continuation of the East Fort Garry Active Transportation Neighbourhood Scan prepared by the Green Action Centre in 2014, which found 49% of area respondents walk and cycle a lot and would like to do more. The City of Winnipeg's East Fort Garry Walk Bike Study will build upon the data collected during the Neighbourhood Scan.

Additionally, the development of new and updated School Travel Plans for four area schools will be prepared as part of the Study during the 2017/2018 school year. This research will enrich the data collection process and form part of the analysis and public input.



Your Input is Needed

In this first phase of public engagement, we are asking the community to help identify priorities for future improvements to the pedestrian and cycling network in East Fort Garry. The workshop will include group discussions and a mapping exercise designed to understand how new and improved pedestrian and cycling facilities can best meet the needs of the community.

The goal of the public engagement is to collect feedback throughout the design process to help determine the following:

- Type of infrastructure
- Location of infrastructure
- Network connections
- Intersection, roadway and sidewalk upgrades (type and location)

For more information about this project, and to participate through an **online survey**, visit winnipeg.ca/walkbikeprojects, or contact Maureen Krauss at (204) 944-9907 or mkrauss@htfc.mb.ca.

PIANO LESSONS



Children &
adults

Mavis Allison Green

*B. Music, ARCT Performance, ARCT Teacher,
Registered Music Teacher, Orff Specialist*



In Fort Garry on Oakenwald Avenue
204-489-3934

Fort Garry United Church

6th Annual All-Handmade Craft and Bake Sale

Saturday, October 21st, 2017

10 am—3 pm

800 Point Road

*Admission \$2 for adults
~12 and under free~*

New and returning artisans. 60 tables of
original creations and upcycled treasures.
Huge bake sale with all your favourites.
Free kids' craft corner from 11 am to 1 pm.



CLASSIFIEDS

CHILD CARE NEEDED IN WILDWOOD: Seeking mature female to provide part-time childcare for three little girls (9,8 and 5) in the park Wednesday evening and Saturday. Negotiable salary. Please contact Yvonne via text at 204-291-5368.

OFF-LEASH DOG MASTER PLAN

The City is looking for input into their Off Leash Dog Master Plan:

<http://winnipeg.ca/ppd/PublicEngagement/OffLeashAreas/default.stm#tab-background>

They are looking for input from both dog owners and non-dog owners. It should be noted that this master plan will NOT create any more off-leash dog areas. The intent of the plan is to establish criteria and metrics for determining how potential sites are selected.

JACKRABBITS HOCKEY PROGRAM NEEDS YOU

Hello Neighbours,

Our Wildwood Community Centre Jackrabbit Hockey program is in jeopardy of not running this year due to the need for a **Coach**. Unfortunately our two Dad coaches from last year are unable to coach this year. We need at least one more coach to make this program continue. Please read on.

We have one coach (a university student) who is experienced and assisted last year and will most likely continue to coach and we have had a few other teenagers who come out on a consistent basis to help out, demonstrate drills etc.

The program is an outdoor ice program designed to teach skating and hockey skills in a fun, non-competitive environment. It is open to boys and girls ages 5 to 9 years of age.

Jackrabbits is an independent program and is not affiliated with community club hockey or minor hockey organizations. Jackrabbits is not meant to replace or compete with these programs. Rather, Jackrabbits draws to the rink families who are looking for a low key introduction to the game.

If you are interested in coaching Jackrabbit Hockey this year to ensure that this great program continues to run, please consider the following:

- * There are parents on the ice to help run drills and inspire the kids - you are not alone on the ice!
- * There are already two Coordinators ready this year to organize the registration and administration type duties for the program.
- * We just need an Adult Coach – Available is a binder with drills and fun games already outlined making the program straight forward to run
- * The Wildwood Community Centre has all the gear (pucks, balls, cones, jerseys) needed for the on-ice practices
- * Former coaches would be willing to help you learn the ropes
- * We had about 30 registered kids last year who had a blast and would love to continue coming out!
- * The season lasts from mid to late December through early to mid-March

The program usually runs one afternoon on the weekend for approximately 75 minutes.

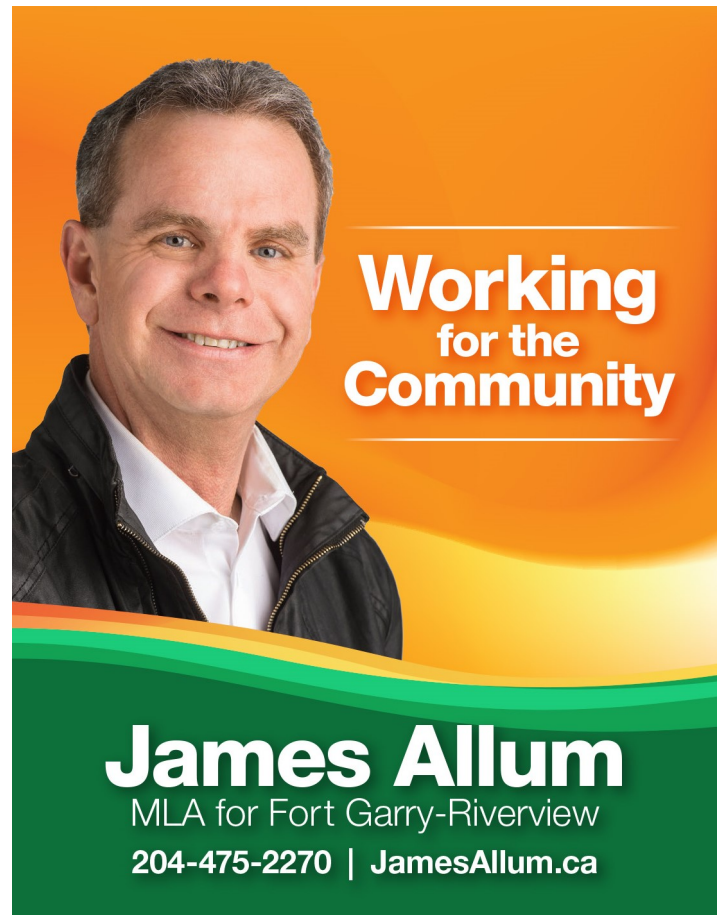
If you can help us keep this program going, please contact me as soon as possible.

Thank you!

Rose Bushuk



NOTICE: The Wild & Woodsy is a community newsletter that welcomes submissions, suggestions and viewpoints of community residents. The content of various articles contained in the newsletter does not necessarily represent the opinions or views of all community residents, the Wildwood Community Club, or its Executive Board or members.



GAMES NIGHT

Saturday, November 4, 2017

6:00—9:00 P.M.

Bring some games, bring some friends and bring a snack to share to this family friendly evening at the community centre.



What's on at Wildwood Community Centre?

Wildwood Mini Bootcamp



This circuit-training workout will get your heart rate up and your muscles burning as you move from station to station using a variety of fitness equipment. Each station will focus either on muscle strength or endurance, cardio drills, balance or core. This fun and fast paced class is for all fitness levels.

Six (6) Sundays starting Oct. 15, 2017 (no class Oct. 29th) at 9:15am to 10:15am

\$72

Email Cindy at info@wildwoodcc.ca to register.

Girls Who Lift fitness program

The **Girls Who Lift** program is a 6-week, 45-minute class that will introduce girls, aged 10 to 12 years, to a wide range of exercises, including body weight exercises, balance, agility, weight lifting and flexibility training. With ideas based around functional training, the class will focus on good form and technique, low weight with high repetitions and fun partner activities.

When: Mondays, starting Oct. 16, 2017

Time: 4:15pm – 5pm

Fee: \$72/6 weeks

For more information and/or register, email Cindy at info@wildwoodcc.ca

Prenatal Fitness Fusion

Mondays, October 16 – November 20, 2017 at 6:15pm

\$72/6 weeks.

Visit www.totallyfitmom.ca for more information and to register.



Jackrabbit Skiing

Saturdays, Starting November, 2017

Jackrabbit Hockey

Starting mid-December, 2017

GTSHELTERS INC.

*"Where the spirit does not work
with the hand, there is no art"*

Leonardo da Vinci



RENOVATIONS ~ RESTORATIONS ~ TIMBER FRAME SUNROOMS ~ LANDSCAPES



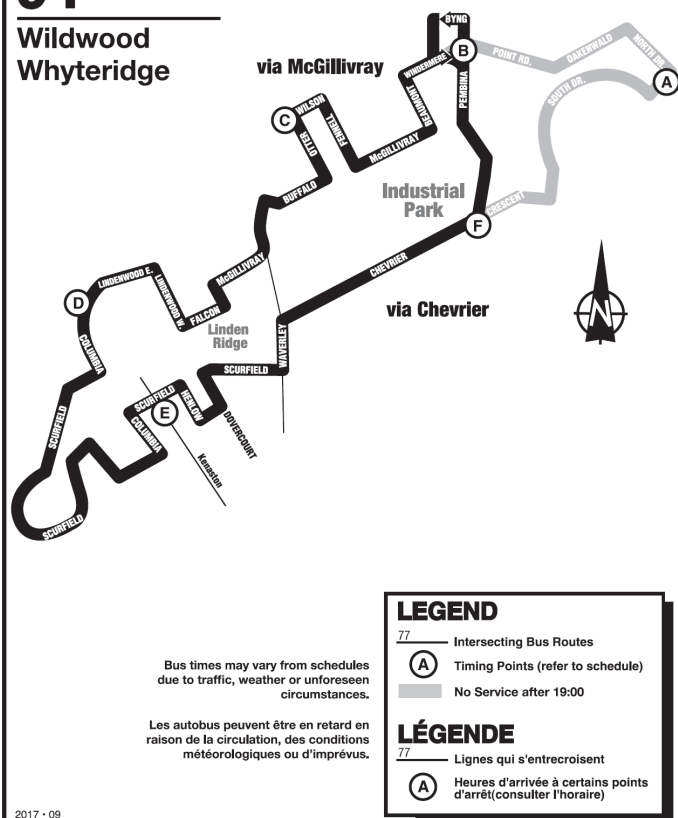
**SELKIRK REGIONAL
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CUSTOM DESIGN BUILD 3D CAD

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WILDWOOD RESIDENT

**WWW.GTSHELTERS.COM
GTAYLOR@GTSHELTERS.COM**

94**Wildwood
Whyteridge****Changes to Route 94**

As of September 1, 2017, two-way service has been restored to Wildwood Park. For details on the new Route 94 and the bus schedule:

<http://winnipegtransit.com/en/routes/94>

Changes to Waste Pick-up Day

Wildwood's garbage/recycling pick-up day is changing from Friday to **Wednesday**, as of October 4, 2017.

<http://www.winnipeg.ca/waterandwaste/garbage/collectionday.stm>

Rent the Centre

Have your function at the Wildwood Community Centre—close to home!

The WWCC is available for private rentals at reasonable rates: All rentals are \$20/hour. Damage deposit (\$50) is required for ALL rentals.

To rent the community centre, please check on the calendar on the website, for availability, then download the contract from the rentals page, sign it and drop it off with a damage deposit cheque (\$50) and a rental fee cheque (\$20/hour) in the mailbox at the community centre.

More information available at the website or email Chris Whitmore at book@wildwoodcc.ca. www.wildwoodpark.ca 204-453-8396



**Wildwood Park
Community Centre**

September 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 	5	6	7	8	9 
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 	4 	5	6	7
8	9 	10	11	12	13	14
15 	16	17	18	19	20	21 
22	23	24	25	26	27	28 
29	30	31 				

Calendar:

September:

- 4 Labour Day
- 9 Dike Planting and Fall BBQ

October:

- 3 Annual General Meeting
East Fort Garry Walk Bike Workshop
- 4 New garbage day begins
- 9 Thanksgiving
- 15 Mini-bootcamp Begins
- 21 Craft Sale
- 28 Animation Workshop
- 31 Halloween

Timothy Fultz Legal Services

Bringing the Law to You

30-year Wildwood Park resident



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wills and estate
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Winnipeg Manitoba
R3L 2T4

Section Reps / Volunteers

Section A: Tessa Brenan

Section B: Glen Grist

Section C: Aria Slippert

Section D/North Drive: Craig Christie /Gwendolyne Nyhof

Section E: Doris Sorokowski

Section F: Michelle Dueck

Section G: Deborah Capek

Section H: Chris Whitmore

Section I: Rose Bushuk/Estee Taylor

Section J: Ken McKim

Manchester North: Hugh Penwarden

Manchester South: Geoff Brewster

Oakenwald: Kevin Mills and Rae Saville

South Drive: Paul Infuso

Canteen Manager: Paul Infuso

Rental Manager: Chris Whitmore

Wildwood Playgroup: Kristen Black

Fall Canvass Coordinators: Deborah Capek, Bill Jost

Jackrabbit Running/Skiing: James Aiken/Adam Gerhard

Jackrabbit Hockey: Rose Bushuk

Ice Convenor: Bill Jost

Mini Soccer: Ken McKim

Wild & Woodsy Committee: Siobhan Burland Ross,
Paul Infuso, Deborah Capek

Wild & Woodsy Distribution: Jo-Anne Peltz and
Deborah Capek

Programming Coordinator: Vacant

Wildwood Directory: Richard Stecenko

Wildwood Website: Cindy Miller

Woodsy Fun Pages



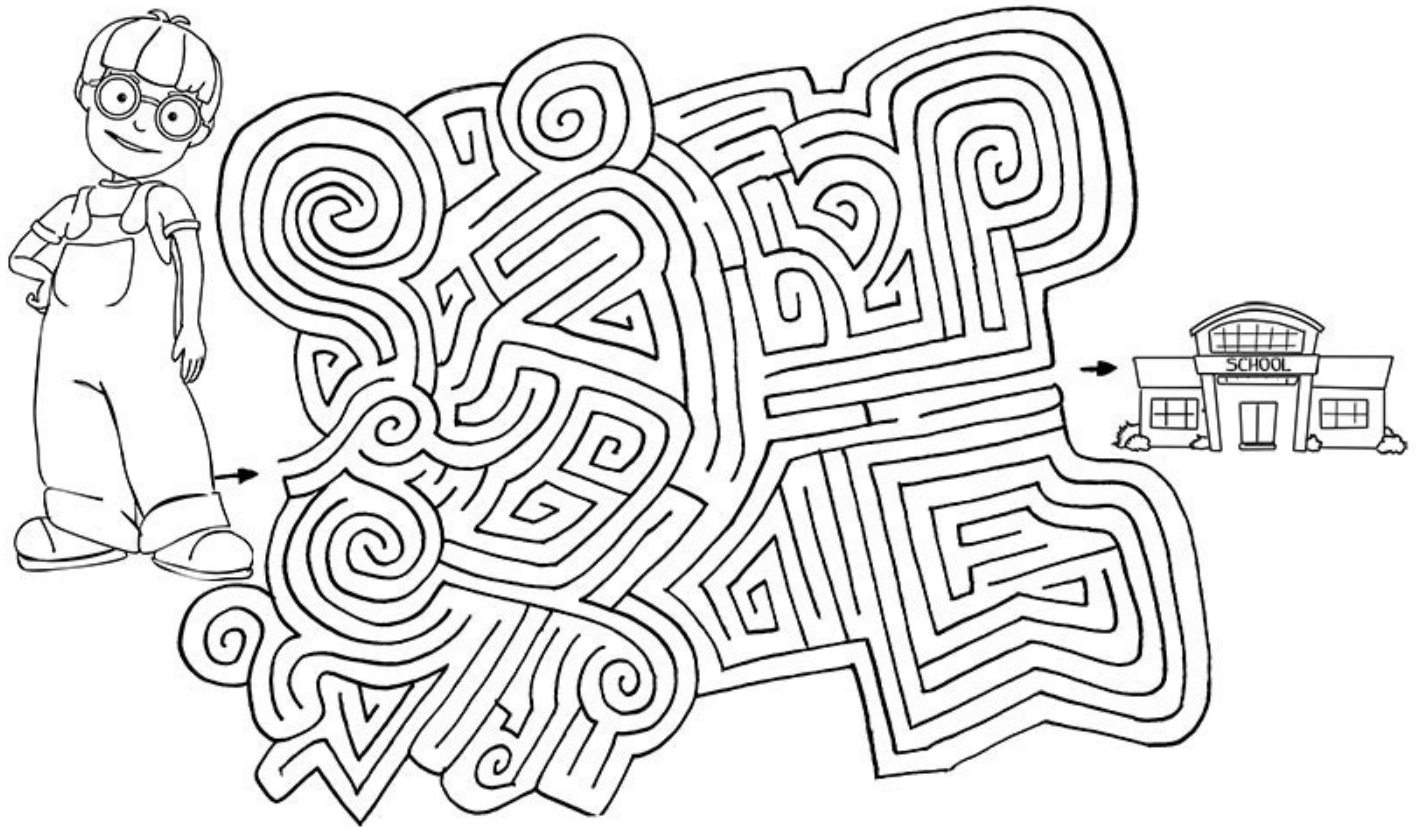
Labor Day WORD SEARCH

CARPENTER
DOCTOR
DOORMAN
FIREFIGHTER
LABORDAY

NURSE
POLICEOFFICER
SANITATIONENGINEER
TEACHER
WAITRESS

R E E N I G N E N O I T A T I N A S H
L Z E B Q C A R P E N T E R C C O Q B
P X R E C I F F O E C I L O P T H N N
V E A L S J R Y H J N O N U R S E Y B
D O C T O R C B F I R E F I G H T E R
M V T P Q J L S U V Y F G L S V O O O
S Q C J R O V K F O N T E A C H E R E
L A B O R D A Y L U R J U R R F A C H
C W O Q M B W A I T R E S S V L Q R S
D K Q E C M D O O R M A N D X H J F Y

HELP ALEX TO GET TO SCHOOL!



8 Positive Things About Going Back To School

(Grade 1 or university)

1. Reconnecting with friends.
2. Getting back into a routine.
3. Sports and clubs.
4. Learning something new every day.
5. Opportunity to improve your future.
6. Making memories.
7. Meeting new people.
8. You are one step closer to graduation!



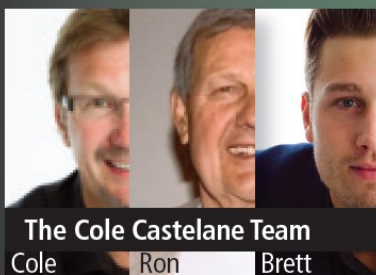
Fort Garry • Wildwood

**A great place to
plant... A great place to
grow!**

**Born and raised in
Fort Garry, Wildwood,
the Castelane Team
understands the
value of living in our
neighbourhood!**

**Want to receive top dollar for your home?
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Cole Ron Brett

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www.castelane.mb.ca



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